

Life. Fun. Purpose.



With Purpose Coach Fawn Miller



Module Nine



Checklist



Module 9 Checklist:


- ☐ **Take a look at your weekly schedule.** Block off 5-10 hours (consecutive *or* intermittent) each week for two weeks to do the Module 9 assigned readings, videos, audios, workbooks, and activities (including your daily morning practice).
- ☐ **Listen to the Module 9 “Passion, Purpose, and the ‘Big Why’” Intro Audio + Read the Workbook**
- ☐ **Read and save/print the Module 9 Checklist**
- ☐ **Review and begin going through the Module 9 Resources**
- ☐ **Listen to Module 9.1 “Ikigai” *and***
- ☐ **Do the Module 9.1 Workbook and the corresponding exercises**
- ☐ **Schedule a time for a Self Date!**
- ☐ **Take yourself on a Self Date!**
- ☐ **Begin reading [The Big Leap](#) by Gay Hendricks**
- ☐ **Listen to Module 9.2 “Motivation, Zest, Passion and Purpose” *and***
- ☐ **Do the Module 9.2 Workbook and corresponding exercises**
- ☐ **Watch the videos in the Resources workbook (1, 2, 3, 4, 5)**
- ☐ **Read the book summaries in the Resources workbook**
- ☐ **Begin reading [The Passion Test](#) by Janet Attwood**


-  **Listen to Module 9.3 “Altruism, Contribution and Calling” *while* reading through the Module 9.3 Workbook**
 -  **Do the 9.3 exercises**


-  **Listen to Module 9.4 “Legacy and the ‘Big Why’” *while* reading through the Module 9.4 Workbook**
 -  **Do the 9.4 exercises**

-  **Listen to Module 9.5 “Authentic Happiness and Well-being” *while* reading through the 9.5 Workbook**
 -  **Do the 9.5 exercises**

-  **Listen to Module 9.6 “Personality Assessments” *while* reading through the 9.6 Workbook**
 -  **Do the 9.6 assessments**

-  **Explore all of the links and additional materials in the “Resources” workbook!**

-  **Celebrate yourself and ALLL of your progress so far!**

-  **Post updates, questions, celebrations, and shares in our private, members-only “Life. Fun. Purpose.” Tribe / facebook group:)**

Love Yourself