

Life. Fun. Purpose.

With Purpose Coach Fawn Miller

Module 9

Resources

Books

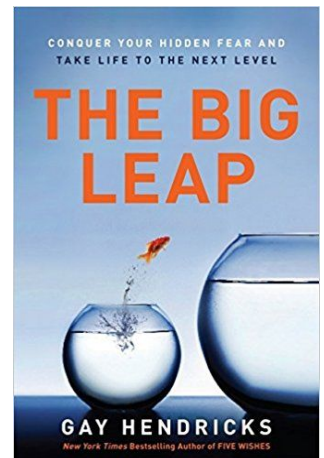
Articles

Videos

Module 9 Reading Assignment #1

The Big Leap by Gay Hendricks

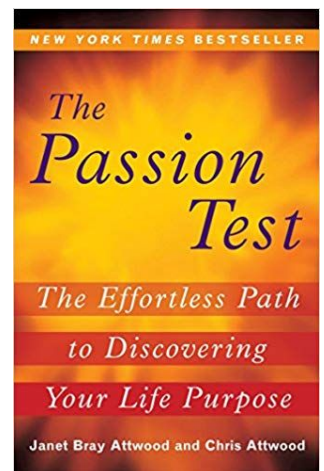
New York Times bestselling author Gay Hendricks demonstrates how to go beyond your internal limits, release outdated fears and learn a whole new set of powerful skills and habits to liberate your authentic greatness. Fans of Wayne Dyer, Eckhart Tolle, Marianne Williamson, and Gabrielle Bernstein will discover the way to break down the walls to a better life.



Module 9 Reading Assignment #2

The Passion Test by Janet Attwood

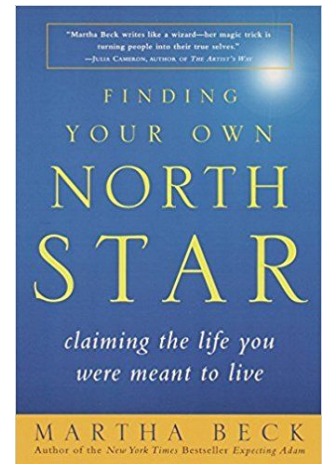
Can a simple test change a person's life? Through their New York Times bestseller *The Passion Test*, Janet Bray Attwood and Chris Attwood have inspired thousands to shape their lives by discovering their passions and living according to what matters most to them. Readers can identify their top five passions by taking the Test, and then learn exactly how to align their lives with their priorities by following the Attwoods' easy-to-follow step-by-step program of action.



Module 9 Reading Assignment #3

“Finding Your Own North Star” - Martha Beck

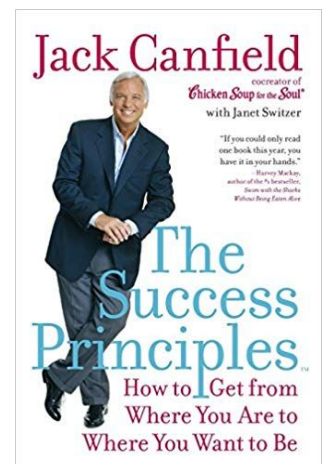
In this book, you'll start by learning how to read the internal compasses already built into your brain and body--and why you may have spent your life ignoring their signals. As you become reacquainted with your own deepest desires, you'll identify and repair any unconscious beliefs or unhealed emotional wounds that may be blocking your progress.



Module 9 Highly Recommended Reading

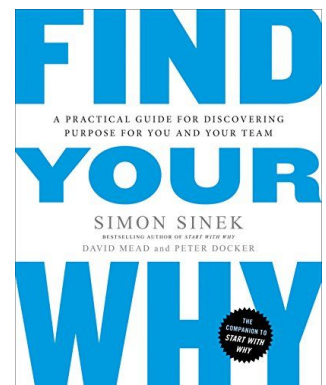
“The Success Principles” by Jack Canfield

Jack Canfield, co creator of the phenomenal bestselling Chicken Soup for the Soul® series, turns to the principles he's studied, taught, and lived for more than 30 years in this practical and inspiring guide that will help any aspiring person get from where they are to where they want to be.



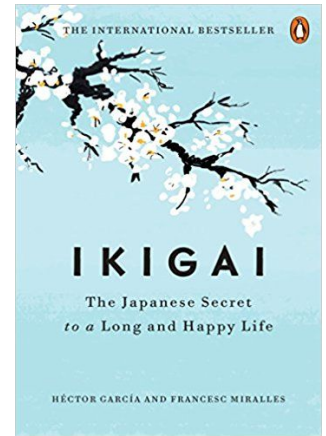
Find Your Why: A Practical Guide for Discovering Purpose for You and Your Team by Simon Sinek

Start With Why has led millions of readers to rethink everything they do – in their personal lives, their careers and their organizations. Now Find Your Why picks up where Start With Why left off. It shows you how to apply Simon Sinek’s powerful insights so that you can find more inspiration at work -- and in turn inspire those around you.



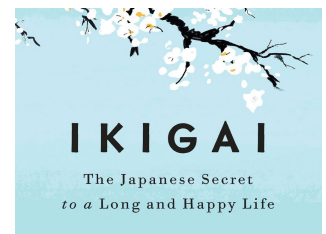
[**Ikigai: The Japanese Secret to a Long and Happy Life**](#) by Héctor García

According to the Japanese, everyone has an ikigai—a reason for living. And according to the residents of the Japanese village with the world’s longest-living people, finding it is the key to a happier and longer life. Having a strong sense of ikigai—the place where passion, mission, vocation, and profession intersect—means that each day is infused with meaning.



[**“Ikigai: The Japanese Secret To A Long And Happy Life” \(Book Summary\)**](#) by Kyle Kowalski

This post is a summary of the book *Ikigai: The Japanese Secret to a Long and Happy Life* by Héctor García and Francesc Miralles.



Articles

[**“Do You Know What You Really Want From Your Life? Decide Today!”**](#) by **Jack Canfield** (In this article you’ll learn the super helpful 30/30/30 technique)

[**“10 Life Purpose Tips to Help You Find Your Passion”**](#) by Jack Canfield

[**“3 Unexpected Ways To Find Your Life Purpose”**](#) by Shannon Kaiser /
Huffpost

[**“How to Find Your Purpose In Life”**](#) by Jeremy Adam Smith

[**“The Japanese Concept of ‘Ikigai’ is a Formula for Happiness and Meaning”**](#) by Melodie Wilding

[**“Finding Your Ikigai: The Japanese Secret to Health and Happiness”**](#) by
Tom Ough

Podcast

[“What’s Your “WHY” and where do you find it?” podcast Jordan Harbinger with Simon Sinek](#)

Videos

[“How to Ikigai” Tedx Talk by Ted Tamashiro](#)

[“Don’t Wait, Find Your Ikigai” Tedx Talk by Gangadharan Menon](#)

[Start With Why: How Great Leaders Inspire Action](#) by Simon Sinek TEDx

[How to Find the Work You Love](#) by Scott Dinsmore TEDx

[How To Know Your Life Purpose In 5 Minutes](#) by Adam Leipzig TEDx